(240) 344-0042 | info@getkidsoutside.net

	<b>PACKING LIST</b>
GetKidsOutside	Alaska Adventure

Hiking Equipment		Need
□ Hiking day pack	1	Required
Large backpacking pack	0	Not Needed
Large water bottles	2 or 3	Required
□ Sitting pad	1	Recommended
🗌 Headlamp or flash light	1	Recommended
□ Set of extra batteries for head lamp	1	Recommended
Hiking/trekking poles	1	Recommended

Personal Gear/Clothing	Qty	Need
Sunglasses	1	Recommended
Moisture-wicking t-shirt	5	Required
Quick drying pants (prefer no denim)	3	Required
Swim suit	1	Recommended
Long sleeve shirts	3	Required
Long underwear	3	Required
Underwear	5	Required
Lightweight fleece or jacket	1	Required
Earplugs	1	Recommended
🗌 Hat	1	Recommended
Bandanas or buffs	1	Recommended
🗌 Warm hat	1	Recommended
□ Sleepwear	1	Recommended
Insulated jacket	1	Recommended
Insulated pants	1	Recommended
□ Fleece or wool gloves or mittens	2	Recommended
Rainwear (pants and jacket)	1	Required
□ Flip flops or booties to wear inside lodging	1	Recommended
Moisture wicking socks	5	Recommended
Laundry bag	1	Recommended
🗌 Lip balm	1	Recommended
□ Sunscreen - (must be less than 3.4oz.)	1	Required
Prescription medications	1	Required
Tooth brush	1	Required
□ Tooth paste - (must be less than 3.4oz.)	1	Required
Deodorant - travel size	1	Required
Any personal items/feminine products	1	Required
Shampoo/conditioner (must be less than 3.4oz.)	1	Required
Body soap and container	1	Required
Bathroom/toiletries bag - one gallon zip lock bag with their name on it.	1	Required
Gaiters	1	Recommended
□ Hiking boots	1	Required
☐ Hiking shoes or tennis shoes	1	Recommended
□ Water shoes	1	Recommended

Camping/Backpacking	Qty	Need
🗌 Tent	0	Not Needed
Tent pad	0	Not Needed
□ Sleeping bag	0	Not Needed
□ Sleeping pad	0	Not Needed
Pillow	0	Not Needed
□ Solar charging station	0	Not Needed
Dry bag or stuff sack	0	Not Needed
□ Stove with fuel	0	Not Needed
Lighter or matches	0	Not Needed
Cook pots	0	Not Needed
Eating utensils	0	Not Needed
Plates/bowls	0	Not Needed
🗌 Mug	0	Not Needed
Bathing towel	1	Recommended
Multi-tool or knife	1	Recommended

Misc.	Qty	Need
🗌 Camera	1	Recommended
□ Binoculars/spotting scopes	1	Recommended
Reading material	1	Recommended
☐ Hand and/or foot pocket warmers (18hr single packs)	5-10	Recommended
Micro spikes	0	Not Needed

## **Trip Specific Notes**

Gear included in trip:

**All Kayaking Gear** – Paddle, Spray Skirt, Personal Floatation Device, Stable Double Kayak, Paddle Floats, Hypo Kits, VHF Radios, and Satellite Communicators

All Camping Gear – Tents, Sleeping Bags, Ground Pads, Dry Bags, Cooking Supplies, Prepared Meals, Snacks, First Aid Kits, Wag Bags