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Oregon Packing List

Hiking Equipment	Qty	Need
<input type="checkbox"/> Hiking day pack	1	Required
<input type="checkbox"/> Large water bottles	1-3	Required
<input type="checkbox"/> Sitting pad	1	Recommended
<input type="checkbox"/> Headlamp or flashlight	1	Recommend
<input type="checkbox"/> Set of extra batteries for lamp/flashlight	1	Recommend
<input type="checkbox"/> Hiking/trekking poles	1	Recommend

Camping/Backpacking	Qty	Need
<input type="checkbox"/> Solar charging station	1	Recommended
<input type="checkbox"/> Bathing towel	1	Recommended
<input type="checkbox"/> Multi-tool or knife	1	Recommended

Personal Gear/Clothing	Qty	Need
<input type="checkbox"/> Sunglasses	1	Required
<input type="checkbox"/> Moisture-wicking t-shirt	6	Required
<input type="checkbox"/> Quick drying pants (prefer no denim)	5	Required
<input type="checkbox"/> Swim suit	1	Required
<input type="checkbox"/> Long sleeve shirts	5	Required
<input type="checkbox"/> Long underwear	2	Required
<input type="checkbox"/> Underwear	7	Required
<input type="checkbox"/> Lightweight fleece or jacket	1	Required
<input type="checkbox"/> Earplugs	1	Required
<input type="checkbox"/> Hat	1	Required
<input type="checkbox"/> Bandanas or buffs	1	Recommended
<input type="checkbox"/> Warm hat	1	Required
<input type="checkbox"/> Sleepwear	1	Required
<input type="checkbox"/> Insulated jacket	1	Required
<input type="checkbox"/> Insulated pants	1	Required
<input type="checkbox"/> Fleece or wool gloves or mittens	1	Required
<input type="checkbox"/> Rainwear (pants and jacket)	1	Required
<input type="checkbox"/> Flip flops or booties to wear in lodging	1	Recommended
<input type="checkbox"/> Moisture wicking socks	7	Required
<input type="checkbox"/> Laundry bag	1	Recommended
<input type="checkbox"/> Lip balm	1	Recommended
<input type="checkbox"/> Sunscreen (must be less than 3.4oz.)	1	Recommended
<input type="checkbox"/> Prescription medications	1	Required
<input type="checkbox"/> Tooth paste (must be less than 3.4oz.)	1	Required
<input type="checkbox"/> Deodorant (travel size)	1	Required
<input type="checkbox"/> Any personal items/feminine products	1	Required
<input type="checkbox"/> Shampoo/conditioner (must be less than 3.4oz.)	1	Required
<input type="checkbox"/> Body soap and container (must be travel size)	1	Required
<input type="checkbox"/> Bathroom/toiletries bag (1 gallon zip lock bag with their name on it)	1	Required
<input type="checkbox"/> Gaiters	1	Recommended
<input type="checkbox"/> Hiking boots	1	Required
<input type="checkbox"/> Hiking shoes or tennis shoes	1	Required
<input type="checkbox"/> Water shoes	1	Recommended

Miscellaneous	Qty	Need
<input type="checkbox"/> Camera	1	Required
<input type="checkbox"/> Binoculars/spotting scopes	1	Recommended
<input type="checkbox"/> Reading material	1	Recommended
<input type="checkbox"/> Hand and/or foot pocket warmers (18 hr single packs)	7	Recommended

[Trip Specific Notes](#)