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Grand Canyon Rafting Packing List

Hiking Equipment	Qty	Need	Camping/Backpacking	Qty	Need
□ Hiking day pack	1	Required	□ Pillow		
□ Large water bottles	2-3	Required	□ Solar charging station		
□ Headlamp or flashlight	1	Required	□ Dry bag or stuff sack		
☐ Set of extra batteries for lamp/flashlight	1	Required	□ Bathing towel		
			□ Multi-tool or knife		

	Personal Gear/Clothing	Qty	Need	
	Sunglasses	1	Required	
	Moisture-wicking t-shirt	5	Required	
	Quick drying pants (prefer no denim)		Required	
			Required	
	Long sleeve shirts		Required	
	Long underwear		Recommended	
	Underwear		Required	
	Lightweight fleece or jacket 1 Required		Required	
	Earplugs 1 Required		Required	
	Hat		Required	
	Bandanas or buffs	1	Recommended	
	Warm hat	1	Recommended	
	Sleepwear	1	Required	
	Insulated jacket	1	Required	
	Insulated pants	1	Required	
	Fleece or wool gloves or mittens	1	Required	
	Rainwear (pants and jacket)	1	Required	
	Flip flops or booties to wear in lodging	1	Recommended	
	Moisture wicking socks 7 Required		Required	
	Lip balm 1 Recommended		Recommended	
	Sunscreen (must be less than 3.4oz.)	1	Required	
	Prescription medications	1	Required	
	Tooth paste (must be less than 3.4oz.)	1	Required	
	Deodorant (travel size)	1	Required	
	Any personal items/feminine products	1	Required	
	Shampoo/conditioner (must be less	1	Required	
th	than 3.4oz.)			
	Body soap and container (travel size)	1	Required	
	Bathroom/toiletries bag (1 gallon zip	1	Required	
lo	lock bag with their name on it)			
	Hiking boots	1	Recommended	
	Hiking shoes or tennis shoes	1	Required	
	Water shoes	1	Required	

Miscellaneous	Qty	Need
□ Camera	1	Recommended
□ Reading material	1	Recommended
□ Hand and/or foot pocket warmers (18 hr		Recommended
single packs)		

Trip Specific Notes