

info@getkidsoutside.net

(240) 344-0042

Serengeti Safari and Hot Springs Packing List

	Accessories	Qty	Need		Rent
	Waterproof backpack cover	1	Recommended		Rucks
	Water bottles (Nalgene, 32 oz.)	3	Required		Mont
	Water bladder (camelback type, 3 L)	1	Required		Duffe
	Stuff sacks, dry bags or plastic bags of	1	Required		Hikin
va	rious sizes to keep gear dry and separate				Gaite
					Glove
					Rainc
	Personal Items/Clothing	Qty	Need		Rain p
	Sunglasses or goggles	1	Required		Hikin
	Breathable, waterproof jacket with hood	1	Required		Wate
	Insulated jacket (synthetic or down)	1	Required		Fleece
	Soft jacket (fleece or soft-shell)	1	Required		Warm
	Long sleeve, moisture wicking shirts	5	Required		Warm
	Short sleeve, moisture wicking shirts	5	Required		
	Waterproof pants (side zipper preferred)	1	Required		
	Hiking pants, fleece pants and shorts	1	Recommended		
	Long, moisture wicking underwear	5	Required	•	Passp
	Moisture wicking underwear	5	Required		
	Gloves, warm and waterproof	1	Required	•	Visa (I
	Thin gloves	1	Required	to	JRO
	Brimmed hat	1	Required		
	Warm knit hat	1	Required	•	Immu
	Balaclava or buff	1	Recommended		Perso
	Comfortable, warm, waterproof hiking	1	Required		1 6130
boots					
	Gym shoes	1	Recommended		
	Waterproof gaiters	1	Recommended		
	Socks (wool or synthetic)	7	Required		
	Toiletries	1	Required		
	Lip balm	1	Required		
	Sunscreen	1	Required		
	Prescription medications		As needed		
	Tooth paste	1	Required		
	Deodorant	1	Required		
	Any personal items/feminine products		As needed		
	Hand sanitizer	1	Required		
	Insect Repellent containing DEET	1	Required		
	Wet wipes	1	Recommended		
	Toilet Paper	1	Required		
	Snacks (lightweight, high calorie)	1	Recommended		
-	Electrolytes (powder or tablets)	1	Recommended		
	Lieutolytes (powder of tablets)	_			

Rentable (Must Rent Before Arrival)	Cost
Rucksack/Daypack	\$12
 Montbell sleeping bag (25-25 C temp) 	\$40
Duffel bag	\$6
 Hiking poles (2) 	\$12
Gaiters	\$8
Gloves	\$6
Raincoat G.T., waterproof	\$12
Rain pants	\$12
Hiking boots	\$9
Water bottle	\$5
Fleece pants	\$6
 Warm jacket G.T. 	\$12
Warm jacket/down jacket	\$8

Required Paperwork

port

(recommended to order online before trip but also available

- unization papers
- onal travel and health insurance documents